

1. CLUB RETURN TO FENCING RISK ASSESSMENT - COVID-19 SPECIFIC RISKS

Risks: L- low, M – Medium, H - High

Category	Description of Risk	Pre-Mitigation		Mitigation Plan/Actions	Post Mitigation		Resp
		Prob-ability	Impact		Prob-ability	Impact	
General	Failure to keep up to date with current government/BF guidelines/minimum operating standards	M	H	<ol style="list-style-type: none"> 1. Read government guidelines including those that specifically relate to sport activities 2. Review risk assessment prior to each session in light of latest government guidelines 	L	L	1-3 Coach
General	Fencing Activity (sparring/lessons) exposes participants to increased risk due to 2m distancing being at risk	M	H	<ol style="list-style-type: none"> 1. Activity is restricted to groups of a maximum of 15 people. 2. Groups will be expected to remain 2m apart and avoid interaction as far as possible. 3. There will be a maximum of 3 groups of 5 in a hall, which allows us to maintain social distancing within the space available 4. Fencers can rotate within the group, but 2m social distancing will be maintained within this group where at all possible. 5. Fencing activities (including 1:1 lessons, pairs work and sparring) where it may not be possible at all times to stay 2m apart will be run in accordance with the BF published adaptations and additional measures to reduce risk. 6. Footwork/warm-up exercises must respect 2m social distancing at all times and will not be performed face to face. 7. No physical contact with other participants (such as shaking hands or high five) 8. Adapted sparring between two individuals in the group can take place and is limited to 1 x 15 hits or 3 x 5 hits, up to a maximum of 10mins of fencing time and 15mins of elapsed time. (This means, for example, a group could choose to run a poule unique of 6 fencers where everyone fences each other once only to 15 hits and each bout takes no longer than 10mins of fencing time and 15mins elapsed time) 9. Coaches will deliver a maximum of 15 min lessons to individuals within a 	L	L	Coaches

Mold Cavaliers Fencing Club 22-11-20

				<p>club session.</p> <p>10. Corps a corps, deliberate close quarter actions and any actions that breach the 1m distancing are not permitted.</p> <p>11. Fleching/running attacks are not permitted.</p> <p>12. Face coverings should be worn whilst coaching (excluding lessons, see below) and refereeing. Hand signals should be used where possible in place of verbal signals.</p> <p>13. Face coverings can be worn under fencing masks for low intensity training. Participants (fencers and coaches) wearing face coverings should monitor their breathing and heart rate and take regular breaks. If face coverings are not being used, fencing mask liners should be worn. Where face coverings are used, coaches should adapt lessons and training to keep physical intensity levels low with frequent breaks.</p> <p>14. Participants should avoid any shouting/screaming, particularly during 1:1 activities.</p> <p>15. Under 11s are exempt from wearing face masks.</p>			
People – Accident & Injury	After extended period of in-activity, participants injure themselves performing movements – eg muscle strain	M	M	<p>16. Coaches are BF registered and operating within competency levels</p> <p>17. Ensure session includes an appropriate warm-up</p> <p>18. All participants asked about any injuries prior to start</p>	L	L	Coach
People – Accident & Injury	Participant requires treatment after accident	M	H	<p>1. Appropriate level of medical cover is on site - PPE is in place & being used by first aid trained individuals (masks, gloves, eye wear, aprons, where appropriate + sanitiser stations).</p> <p>2. U18s – parents requested to remain within 5 minutes of session to collect in case child requires non urgent treatment</p> <p>3. First aid protocols communicated to members (and parents/guardians of U18s)</p>	L	L	Aura/coaches
People - Communication	Risk that club (and BF) is unable to support communication of government	M	M	<p>1. All club officials and participants to be members of the club and BF members</p> <p>2. Encourage everyone to keep interacting/following/using the club’s primary communication methods (facebook page, email)</p> <p>3. Signage/Posters warning of the danger of Covid-19 are in place and visible</p>	L	L	

Mold Cavaliers Fencing Club 22-11-20

	guidelines thus making environment less safe			e.g. symptoms, social distancing, hygiene etc			
People	Risk that people participate in session with symptoms and expose community further	M	H	<ol style="list-style-type: none"> 1. Encourage individuals to avoid public transport – if unavoidable use masks and gloves (gloves should be disposed of prior to entry to session). 2. Participation records to be retained for all sessions 3. If someone at the session is isolated with symptoms or are a suspected Covid-19 case inform everyone who attended the session. 4. Face coverings to be used in accordance with BF guidelines 	L	L	Coaches & Club Secretary
People	Risk that participants cannot be easily contacted by club/authorities in the event a participant has a subsequent positive test	M	H	<ol style="list-style-type: none"> 1. Club membership records up to date 2. All members are BF members 3. Club has an emergency procedure and comms plan in place to alert participants, support and signpost them. Includes welfare officer contact details (Peter Davies). 4. Club has in place a system to ensure that accurate attendee records are kept, identifying which attendee participated in which session/group which is stored for a min of 21 days 5. <u>NHS test and trace procedures</u> are understood and permission in place to share contact details and attendee lists in accordance with the NHS procedures. 	L	L	Coaches & Club Secretary
People	Personal Hygiene standards	M	H	<ol style="list-style-type: none"> 1. Hygiene procedures communicated to all participants <ol style="list-style-type: none"> a. Cough or sneeze into your elbow or into a tissue. b. Use only single-use tissues and dispose of them in pedal-operated covered garbage cans. c. Avoid touching your face with your hands. d. Wash hands before and after every session (use hand sanitisers if washing facilities not available) 2. Individuals to bring own hand sanitisers 3. Club/Facility to provide sanitiser stations at entry and exit 4. All participants encouraged to shower and wash clothes (including gloves) and clean personal equipment after each session. 5. Personal hygiene reminders to be given by coaches at start and end of each 	L	L	Coaches

Mold Cavaliers Fencing Club 22-11-20

				session			
People – Staff & Officials	Additional people (facility staff, club officials, club coaches)	M	M	<ol style="list-style-type: none"> Other than participants, only nominated officials and facility staff allowed in the salle – increase management controls Appropriate ratios of club officials to participants per session to ensure social distancing and good coaching practice Social distancing according to current government guidelines is in (2m) is in place 	L	L	Coaches
Equipment	Risk that the equipment facilitates the spread the virus	M H	H H	<ol style="list-style-type: none"> No sharing of equipment between members of different households (unless they have been disinfected following protocols between usage) Disinfectant/anti-viral wipes to be made available for general use with scoring equipment 	L	L	Coaches
Environment	Density of people breaches guidelines	M H	H H	<ol style="list-style-type: none"> Protocols over start and end of sessions to allow for social distancing to be maintained during entry/exit/drop-off/pick-up and communicated to all club members and parents/carers i.e. Tuesday Juniors, 7.25 to 8.25pm, Adults, 8.35 to 9.35pm 	L	L	Coaches
Environment	Usage of water fountains, toilets and changing areas	M H	H H	<ol style="list-style-type: none"> Participants requested to bring own water in personal bottles – no water fountains etc. Facility has disabled toilets open for single occupancy use. Participants will be asked to turn up ready to participate to avoid use of changing facilities Showers/vending machines/water dispensers will be out of action 	L	L	Parents/coaches
Environment	Entry/Exit and Seating	M H	H H	<ol style="list-style-type: none"> Fencers will enter via the main entrance Use of emergency exists to facilitate easy access to car parks when finishing the session. One way system. 	L	L	Coaches
Environment	Ventilation (Indoor spaces)	M H	H H	<ol style="list-style-type: none"> Keep ventilation/toilet/lift well fans on continuously Open windows, Emergency doors where possible to ventilate the area. 	L	L	Coaches
Environment	Facility Cleaning (Indoor)	M H	H H	<ol style="list-style-type: none"> Aura staff to clean gym are as needed between sessions. No personal equipment to be left in salle to allow cleaning Door handles, light switches, equipment to be wiped between each session 	L	L	Coaches/Aura staff
Activity	Activity breaches guidelines	M H	H H	<ol style="list-style-type: none"> No hand shaking at any time Fencing activity at all times to be in accordance with BF guidelines. Coach will do pre-session briefing which includes description of permitted activity 	L	L	Coaches

Mold Cavaliers Fencing Club 22-11-20

				<p>4. Where density of people in an indoor space is near the limits that social distancing and maximum occupancy (9.29m² per person) will allow, sessions will not be highly aerobic – avoiding high intensity</p> <p>5. Use of face coverings in accordance with PHE/BF guidelines</p>			
Safeguarding & Welfare	Time away from sport increases risk of historic disclosures	M	M	<p>1. Be aware of changes in behaviour,</p> <p>2. Ask people 'Are you OK'</p>	L	L	Coaches
Other	Exchange of Cash increases risk of transmission	M H	H H	<p>1. Payment of sessions via Bank Transfer to the Club account. One term in advance but at a slightly reduced fee per session (£4 instead of £5).</p>	L	L	Peter Davies & Treasurer

Date of Review: 22-11-20

COVID-19 Officer: Peter Davies

Club assessed as OK to reopen: Y

Signature: Peter Davies